

BUNGEE JUMPING IN NEPAL

GENERAL DETAILS

Category:	Tours
Sub Category:	Bungee Jumping In Nepal
Duration:	1 days
Accommodation:	Resorts
Difficulty:	Adventurous
Activity:	Tour
Season:	All Year Round
Start/End Point:	Kathmandu-Kathmandu
Group Size:	1-30

TRIP OVERVIEW

Among various outdoor activities like trekking, hiking, biking, rafting, and mountaineering, bungee jumping stands out as an extreme adventure, offering a brief yet thrilling experience that ranks high on the list of adventure sports. **Bungee Jumping in Nepal** was established in Nepal, from the past three decades ago by a New Zealander. Bungee jumping is very popular in New Zealand.

However, the first Bungee Jump with high technique was invented in 1979 by the British from Bristol, England. In Nepal, Bungee took hold first in 1999 from the high bridge above the **Bhote Koshi River**, and it transformed into a daring sport of Bungee Jumping adding to the list of Adventure Sports in the **Nepal Himalayas**.

At present, there are three Bungee Jumping places in Nepal. The oldest is at the Last Resort, which is about 80km/50 miles driving distance from Kathmandu on Arniko Highway en route Nepal and Tibet/ China borders. The other two places for exciting Bungee Jumping are around Nepal Mid-West near renowned tourist destinations in Pokhara. As well as further beyond at Kusma with the world's second-highest Bungee Jumping from a high bridge above Kaligandaki River.

One of the best ways to enjoy adrenaline and extreme adventures is the Bungee Jumping in Nepal. Interested travelers having time in Nepal can enjoy a day of short scenic drive to the Bungee Jumping spot. It is an exciting thrill of a lifetime experience Bungee Jumping in Nepal, around the scenic landscapes surroundings.

PLACES FOR BUNGEE JUMPING IN NEPAL

The Last Resorts Bungee in Nepal

The first Bungee Jumping in Nepal started in 1999 and 2,000 AD, an 80 km/50 miles drive from Kathmandu. The road follows the Arniko or Lhasa-Kathmandu Highway to the Tibet border, where Last Resort is located across the raging glacial Bhote Koshi River. A short walk takes you to the bridge to reach the lovely resorts with a nice garden. You then head for the Bungee jumping, where expert instructors brief you about the safety measures as well as with medical check-ups if in doubt with the heartbeat and blood pressure. After the formalities required for the Bungee Jumping, you walk towards the center of a bridge. The Bungee Jump platform is located at 160 m / 500 feet high above the fast-running river of Bhote Koshi within a deep gorge which is a great spot for Bungee Jumping. Prepare yourself as the expert instructor provides a detailed briefing on safety measures.

After being well-equipped with safety gear and taking a big deep Breath, and after the instructions, a loud voice hits your ear with the word JUMP! As you jump down, and float for a while, you will be swinging in a blissful moment for a few minutes. You will jump from 160 m/500 feet, to the surface of the Bhote Koshi River and the gorge.

On completing the most exciting adventure of Bungee Jumping in Nepal, then resorts staff will greets you with a refreshing drink. The staff presents you with a certificate and T-shirt as souvenirs of the Bungee Jumping in Nepal.

Bungee Jumping in Nepal scenic Pokhara

Besides, the first Jumping in Nepal at Last Resort has gained popularity over the decades. It flourished towards other tourist destinations like the renowned and scenic Pokhara, a city of charm and beauty. While at Pokhara on a relaxing holiday, one can enjoy the thrills of Bungee Jumping. The spot for **Bungee Jumping in Pokhara** is a short drive west to Hyanja town-village. Compared to other places, the jump takes place from 70 meters or 2,30 feet high which is the only Bungee Jumping in Nepal from an iron-built tower where participants can enjoy the Bungee Jump. Descend to make an exhilarating plunge into a crystal-clear artificial

water pond, offering one of the best adventure experiences, especially for the beginner's first-time to experience the adventure sport of Bungee Jumping in Nepal. The Bungee Jump in Nepal on outskirts of Pokhara city offers spectacular views of the **Annapurna Himalayan range** of peaks.

Kushma Bungee Jump in Nepal

For adventurers seeking an adrenaline-filled challenge, Kushma Bungee Jumping in Nepal is the perfect destination, located just 60 km (38 miles) from Pokhara. It is located in Nepal Mid-West near Baglung, and Beni larger major towns of Mygdi districts of the Dhaulagiri Himal zone. Kushma is the main town and headquarters of a small Parbat district.

The Bungee Jumping in Kushma is the world's 2nd highest at 228 m/749 feet. The Jump takes place from the middle of the strong suspension bridge, where the Bungee platform is situated. It stands above the glacial river of Kaligandaki, which flows from Dhaulagiri and Mustang Himal. After a thorough safety briefing and precautions, participants are secured in a harness with a strong cord, ready for the thrilling jump. Then take a deep breath as you hear the commanding word Jump!

The Jump within a fraction of a minute, but the swinging up and down in the air; takes more than 10 to 15 minutes. After an exciting thrill of a lifetime experience with a short drive back to scenic Pokhara. Enjoying, the adventures on **Kushma Bungee Jump in Nepal**, participants will receive a T-shirt as a memorable souvenir to take back home.

For for information regarding this package, please click on this [link](#). You can also give us a call at +977 9841290101 or email us at info@womanadventures.com for further information.

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